Avida Residences

The Home of Wellness & Longevity

AVIDA
RESIDENCES

Factsheet



Where Wellness *Becomes Home*

Powered by cutting-edge bio-assessments, personalized longevity programs, and transformative wellness experiences, Avida sets a new benchmark in well-being. This philosophy is now built into the blueprint within a private residential sanctuary — Avida Residences.

Set along the serene shores of Dubai Islands, Avida Residences offer a rare equilibrium: immersive calm within effortless reach of the city's most dynamic destinations.

For today's discerning buyers, it introduces a new benchmark in wellness-driven living — rooted in science, expressed through luxury, and seamlessly woven into daily life.

Meticulously designed residences with world-class amenities and elevated service, creating a lifestyle that nourishes body, mind, and soul.


Master Bedroom


Kitchen &Dining

Your Space *to Live Well*

A unique development by IQUNA Properties, each residence is a sanctuary of stillness with interiors crafted with quiet sophistication and an unwavering commitment to well-being.

From one- to three-bedroom apartments and two penthouses, Avida Residences feature full-height windows and expansive terraces offering serene views of the skyline.

Kitchens feature Siemens appliances while bathrooms are finished with Grohe fittings and natural ceramics, creating spa-like environments for daily rituals.


Rooftop Hydration Bar

Welcome to the *Home of Longevity*

Amenities

Avida Residences presents a meticulously curated collection of wellness-driven amenities designed not simply for leisure, but for vitality and connection. Across a series of immersive environments, each element is crafted to support daily rituals of movement, recovery, and inner clarity.

Begin the day in a rooftop pool or train at peak performance in a state-of-the-art fitness center, outfitted with the latest smart fitness equipment. Practice under open skies at dedicated outdoor movement decks, then recover with intention in infrared saunas, cold plunge, red light therapy, or a wellness studio designed around the science of longevity.

And when it's time to re-engage, slip into shaded garden lounges, focused co-working spaces, or rooms designed for workshops, conversation, and calm reflection. Every space here is made with intention – not just to look good, but to help you feel great.


Meeting Room & Co-Working Area


Communal Space

Core Services & Amenities

- Wellness Concierge services
- Calendar of wellness-centered resident events and programming
- Fitness centre, mobility studio and recovery equipment
- Access to contrast therapy
- Access to rooftop cold plunge
- 24-hour security
- Aromatherapy diffusers in penthouses and throughout common areas
- Hydration bar
- Initial health consultation with Avida Longevity
- Access to the Mindful Movement Studio
- Dedicated collection of outdoor wellness and recreation equipment

À La Carte Services

- Access to Hyperbaric Oxygen Chamber
- Access to Recovery Suite
- Mindful Movement and fitness classes
- Personal training
- Wellness services by Avida Longevity, including massage, skin health, facial treatments, longevity & nutrition assessments
- Additional performance assessments and consultations with specialists
- Organic, toxin-free in-home cleaning services
- Curated wellness products approved by Avida Longevity
- Annual performance assessment designed by Avida Longevity



3 Minutes to Dubai Islands Beach	7 Minutes to Waterfront Market	10 Minutes to Dubai Airport	12 Minutes to Downtown Dubai
14 Minutes to Dubai Mall	15 Minutes to City Walk	16 Minutes to DIFC	20 Minutes to Jumeirah Beach

Post Payment Plan

	INSTALLMENTS	% AMOUNT
DLD		*4%*
1	Immediate	20%
2	Within 3 months of Booking	10%
3	Within 6 Months of Booking	10%
4	Within 9 Months of Booking	10%
5	Within 12 Months of Booking	10%
6	Upon Completion	10%
7	Within 4 Months of Handover	5%
8	Within 8 Months of Handover	5%
9	Within 12 Months of Handover	5%
10	Within 16 Months of Handover	5%
11	Within 20 Months of Handover	5%
12	Within 24 Months of Handover	5%
	Total	**100%**

Incentivised Payment Plan

DLD		*4%*
1	Immediate	20%
2	Within 4 months of Booking	10%
3	Within 8 Months of Booking	10%
4	Within 12 Months of Booking	10%
6	Upon Completion	50%
	Total	**100%**

Service charge estimation: AED 25 per sq. ft.

Escrow Bank Account Details

Account Name	Avida Residences
Bank	Commercial Bank of Dubai
Escrow A/c No.	1010016150
IBAN	AE720230000001010016150
Swift Code	CBDUAEADXXX
Address	Jumeirah Centre, Jumeirah, Dubai

Configuration Details

1-Bedroom	available from 811 sq.ft
2-Bedroom	available from 1311 sq.ft
3-Bedroom	available from 1563 sq.ft
Penthouses	available from 2577 sq.ft
Structure:	G + P + 6 + R
Unit Status:	Branded Residential Apartments
Ownership:	Freehold Residential
Expected Handover:	Q4 2027

www.avidaresidences.com

CONTACT 800-DEVMARK

DEVELOPED BY

IQUNA PROPERTIES

EXCLUSIVE SALES & MARKETING BY

DEVMARK

Disclaimer:

Any images and visualizations contained herein are provided for illustrative and marketing purposes only. All information contained herein is subject to change without notice and without liability and only the information contained in the final Sales and Purchase Agreement entered into between the Seller and Buyer will have any legal effect. E&OE.